



SALT
MEDIATION GROUP

Utah Divorce Mediation Guide

since

2005

UTAH HAS REQUIRED
ALL CONTESTED
DIVORCE CASES TO BE
REFERRED TO
MEDIATION ONCE A
RESPONDENT ANSWERS
THE DIVORCE PETITION



What is divorce mediation?

Divorce mediation is a process that allows divorcing couples to meet with a specially-trained, neutral third-party to discuss and resolve common divorce-related issues. Mediation is typically less stressful and less expensive than a divorce trial, and it usually proceeds much faster. Because you and your spouse have the final say over your divorce matter, mediation also allows couples to maintain the power and control in their divorce, as opposed to asking a judge to decide.

Why Mediate?

FOR ONE, MEDIATION IS
REQUIRED IN THE STATE OF UTAH
FOR ANY CONTESTED DIVORCE...

Additionally, Mediation is one of the most frequently used methods of negotiating a divorce settlement. In divorce mediation, you and your spouse—or, in some cases, the two of you and your respective lawyers—hire a neutral third party, called a mediator, to discuss and try to resolve the issues in your divorce. The mediator doesn't make decisions for you, but serves as a facilitator to help you and your spouse figure out what's best.

How Do I Prepare For Mediation?



FINANCIALS

Assets, Debts, Expenses,
Alimony

CHILDREN

Child Support, Custody, and
Parent Time with minor
children.

GOALS

What do you want and
where are you willing to
negotiate.

Financials

FINANCIALS ARE A VERY IMPORTANT PART OF MEDIATION.

Assets. Debts. Expenses. Bank, retirement and investment accounts. All parts of your marital estate need to be addressed.

STEP ONE

Both parties need to complete a Financial Declaration which helps you and the mediator know exactly what's on the table. Click [HERE](#) for state approved Financial Declaration.

STEP TWO

We know financials can feel overwhelming. If you need help, [contact us](#)! With or without an attorney, we can help you fill out the 13 page Financial Declaration and save you time and money. We know what the courts look for and exactly what information you need to disclose.



Children

CHILD SUPPORT

CUSTODY

PARENT-TIME
SCHEDULE

Child support, custody and parent time schedule will all be addressed in mediation.

To help you prepare, make a calendar and track your parent time schedule. Keep a record of who has the kids when, overnights with the kids, expenses, doctor appointments, etc.

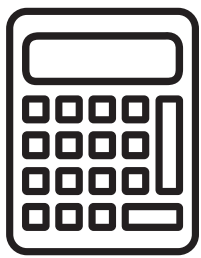
All of this will be important information during mediation.

Child Custody

VISIT LINKS BELOW FOR
HELPFUL INFORMATION FROM
THE COURT APPROVED
WEBSITES

QUESTIONS? CONTACT US!

CONTACT@SALTMEDIATIONGROUP.COM



How much child support will
be paid?
[Utah Child Support Calculator](#)



There are two types of child
custody:
[Legal and Physical](#)



Parent-time schedules:
[Minimum Schedule ages 5-18](#)
[Minimum Schedule under 5](#)
[Expanded Schedule](#)
[Equal Parent-time Schedule](#)



Mediation Goals

KEEP THESE THINGS IN MIND

WHAT DO YOU WANT?

WHAT ARE YOUR NON-NEGOTIABLES?

WHERE ARE YOU WILLING TO NEGOTIATE?

Make a list of everything you want to cover in mediation. It's easy to forget something when you're in the heat of negotiation. Having a list helps make sure you address everything important to you.

Keep in Mind...



ALIMONY

How much and how long?

REAL PROPERTY

How much is your property worth and how will it be divided?

PERSONAL PROPERTY

Furniture, artwork, jewelry, vehicles, tools, etc. Make a list.

DEBTS

Credit cards, loans, etc. Who pays what?



SALT
MEDIATION GROUP

Meet the Team

MARIE CARMEL
Divorce Mediator

LISA DRAPER
Divorce Mediator

We know the stress that comes with divorce and mediation. We also know divorce doesn't have to be a nightmare or cost a fortune. We're here to help you prepare, feel confident and guide you to a settlement. Contact us today.

 www.saltmediationgroup.com

 contact@saltmediationgroup.com



Mediation Day

WHAT TO BRING AND
WHAT TO EXPECT

90%

NEARLY 90% OF
MEDIATED DIVORCE
CASES SETTLE
SUCCESSFULLY





What to bring to mediation...

FINANCIAL DECLARATION

Completed financial declaration and any important supporting financial documents (home appraisals, account statements, taxes, paystubs, etc.)

LIST OF GOALS

You don't want to forget anything important and you know your situation best. Make sure to bring your list of goals and everything you want to address in mediation.

PERSONAL ITEMS

Dress comfortably. Bring water and snacks in case mediation takes longer than expected. Also welcome to bring music, a book or anything to help keep you calm and centered.

What to expect during Mediation...

SEPARATE ROOMS

You and your spouse will be in different rooms and if preferred, won't have to see each other at all.

NEGOTIATIONS

Your mediator will go back and forth between rooms and guide you in reaching an agreement.

LOW CONFLICT

Mediation is low conflict and helps you avoid stress and costly court battles. In fact, research has found that more than two-thirds of mediating couples were found satisfied with the outcome of the whole process.





After Mediation

SETTLEMENT

If you reach an agreement, you will leave with a fully signed Stipulation and Settlement Agreement.

FINAL DECREE OF DIVORCE

Your Stipulation helps you prepare your final Decree of Divorce

BREATHE

Congratulations. It's time to start to heal and move on with your life. The best is yet to come.

Choosing the right Mediator is important

Salt Mediation Group specializes in divorce and child custody mediation. We are dedicated to guiding you through your fairest, most peaceful divorce.

Our mediation services cost 80-90% less than the average cost of litigation. We offer affordable client-friendly fees for all divorce mediation services.

For more information or to schedule your mediation, contact us today.



 www.saltmediationgroup.com

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